

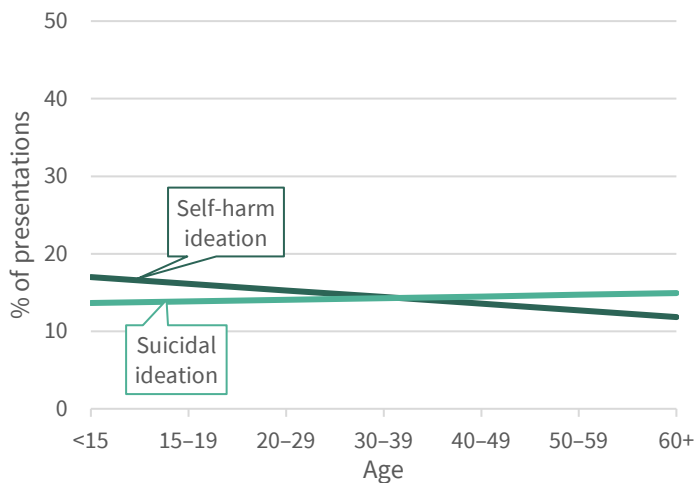
Differences between suicidal ideation (SI) and self-harm ideation (SHI) ED attendances

Key findings of Katerina Kavalidou, Tiago C. Zortea, Eve Griffin, and M. Isabela Troya, "Profile of people attending emergency departments with thoughts of self-harm and suicide: A descriptive study of a nurse-led programme in Ireland," *International Journal of Mental Health Nursing* 32(4), pp. 1102–11.

10,602 SI and SHI presentations to Irish Emergency Departments (EDs) from 2018 and 2019.

SI presentations become more prevalent than SHI presentations with age

Linear trendline of ED presentations by percentage of total presentations with the respective presenting complaint.



A higher percentage of patients presenting with SI receive an Emergency Care Plan or GP follow-up than patients presenting with SHI



“A particular consideration suggested by the data presented here relates to the need for treating both suicidal and self-harm ideations with the same clinical concern, given their association with suicide itself.”

Substance misuse is more often a contributing factor in SI (45% of presentations) than in SHI (37% of presentations)



More females than males present with SHI, but more males present with SI



51% of SHI

58% of SI

